

# Marcia J. Ash, MPH

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Emory University  
Rollins School of Public Health  
Department of Behavioral, Social, and Health Education Sciences  
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## EDUCATION

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**Emory University**, Rollins School of Public Health, Atlanta, GA Current  
Doctor of Philosophy (PhD)  
Behavioral, Social, and Health Education Sciences  
GPA: 4.00/4.00

*Dissertation Title:* “Multilevel Barriers and Facilitators to Addressing Disparities in Perinatal Mental Health”

*Committee Chair:* Briana Woods-Jaeger, PhD

**Emory University**, Rollins School of Public Health, Atlanta, GA 2019  
Master of Public Health (MPH)  
Behavioral, Social, and Health Education Sciences  
GPA: 4.00/4.00

*Thesis Title:* “Cognitively-Based Compassion Training for Spiritual Health Chaplains: A Pilot Study”

*Committee:* Elizabeth Walker, PhD, Ralph DiClemente, PhD, Jennifer Mascaro, PhD

**Washington University in St. Louis**, St. Louis, MO 2014  
Bachelors of Arts (BA), *summa cum laude*  
Philosophy, Neuroscience, Psychology (PNP)  
GPA: 3.98/4.00

*Thesis Title:* “Do Tibetan Buddhist Monks and Nuns Have Higher Life Satisfaction than Laypeople?”

*Committee:* Simine Vazire, PhD and John Doris, PhD

## RESEARCH & PROFESSIONAL POSITIONS

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2021-2022	Project Coordinator, Moms To Be THRIVE Study, Rollins School of Public Health, Emory University, Atlanta, GA
2020-2021	Teaching Associate, Department of Behavioral, Social, Health Education Sciences, Rollins School of Public Health, Emory University, Atlanta, GA
2019-	Pre-doctoral Fellow, Laney Graduate School, Emory University, Atlanta, GA
2018-	Graduate Research Assistant, Department of Family and Preventative Medicine, Emory School of Medicine, Atlanta, GA
2017-2019	Program Coordinator for Research and Special Initiatives, Center for Contemplative Science and Compassion-Based Ethics, Emory University, Atlanta, GA
2015-2017	Program Assistant, Emory Tibetan Mind/Body Sciences Program, Emory University, Dharmasala/Mundgod, India
2015-	Cognitively-Based Compassion Training (CBCT) Instructor
2014-2017	Program Coordinator, Emory-Tibet Partnership, Emory University, Atlanta, GA

## RESEARCH FELLOWSHIPS, AWARDS, AND HONORS (COMPETITIVE)

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2022-2024	AHRQ R36 Dissertation Award, Agency for Healthcare Quality and Research
2022-2024	HRSA Center for Excellence in Maternal and Child Health Competitive Predoctoral Fellowship
2022-2023	SOPHE Patient Engagement Fellowship, Society for Public Health Education
2022	University of Michigan Mixed Methods Scholarship Award
2019-2024	George. W. Woodruff Fellowship, Laney Graduate School
2019	1 <sup>st</sup> Place Student Poster, Georgia Public Health Association
2019	Jim Alley Scholarship, Georgia Public Health Association
2018	Mirabai Bush Contemplative Scholar, Association for Contemplative Mind in Higher Education
2018	Delta Omega Honor Society, Rollins School of Public Health
2017-2019	Mary Ansley Miller Merit Scholarship, Rollins School of Public Health
2014	Undergraduate Research Conference Travel Award, Washington University in St. Louis
2013	Phi Beta Kappa Honor Society, Washington University in St. Louis
2012	Burton M. Wheeler Book Award, Phi Beta Kappa Honor Society, Washington University in St. Louis
2010-2014	Dean's List, Washington University in St. Louis

## GRANT FUNDING

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1R36HS029137-01, Agency for Healthcare Research and Quality (AHRQ)

Ash (PI)

09/30/2022-02/28/2024

**Multilevel Barriers and Facilitators to Addressing Disparities in Perinatal Mental Health**

## PUBLICATIONS IN PEER-REVIEWED JOURNALS

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1. **Ash, M.J.**, Livingston, M.D., Komro, K., Spencer, R.A., Walker, A., Woods-Jaeger, B. (accepted) The Impact of Increased Minimum Wage on Child Maltreatment Varies by Developmental Age of Child. *Journal of Interpersonal Violence*.
2. Mascaro, J.S., Palmer, P.K., Wilson, M., **Ash, M.J.**, Florian, M., Srivastava, M., Sharma, A., Jarrell, B., Walker, E.R., Kaplan, D., Palitsky, R., Cole, S.P., Raison, C. (2022) The language of compassion: hospital chaplains' compassion capacity reduces patient depression via other oriented, inclusive language. *Mindfulness*. <https://doi.org/10.1007/s12671-022-01907-6>
3. Mascaro, J.S., Florian, M., **Ash, M.J.**, Palmer, P.K., Sharma, A., Kaplan, D.M, Palitsky, R., Grant, G., Raison, C.L. (2022) Learning Compassion and Meditation: A Mixed-Methods Analysis of the Experience of Novice Meditators. *Frontiers in Psychology*, 13. <https://doi.org/10.3389/fpsyg.2022.805718>
4. Mascaro, J.S., Palmer, P.K., **Ash, M.J.**, Peacock, C., Escoffery, C., Raison, C.L. (2021) Incivility is associated with Burnout and Reduced Compassion Satisfaction: A Mixed-Method Study to Identify Causes of Burnout among Oncology Clinical Research Coordinators. *International Journal of Environmental Research and Public Health*, 18, no. 22: 11855. <https://doi.org/10.3390/ijerph182211855>
5. **Ash, M.J.**, Baer, W., Peacock, C., Haardörfer, R., Mascaro, J.S. (2021). Advancing Measurement of Sources and Consequences of Burnout in a Comprehensive Cancer Center: A Structural Equation Modeling Analysis. *American Journal of Medical Quality*. Epub ahead of print. doi: 10.1097/01.jmq.0000743676.35805.c0.

6. Mascaro, J.S., Palmer, P., **Ash, M.J.**, Peacock, C., Sharma, A., Escoffery, C., Raison, C. (2021) Feasibility, acceptability, and preliminary effectiveness of a compassion-centered team intervention to improve clinical research coordinator resilience and well-being. *Journal of Clinical Oncology and Practice*. doi: 10.1200/OP.21.00120
7. **Ash, M.J.**, Berkley-Patton, B., Christensen, K., Haardörfer, R., Livingston, M.D., Miller, T., Woods-Jaeger, B. (2021). Predictors of Medical Mistrust among Urban Youth of Color during the COVID-19 Pandemic. *Translational Behavioral Medicine*. Epub ahead of print. doi: 10.1093/tbm/ibab061
8. Mascaro, J.S., Florian, M., **Ash, M.J.**, Palmer, P.K., Frazier, T., Condon, P., Raison, C. (2020). Ways of Knowing Compassion: How Do We Come to Know, Understand, and Measure Compassion When We See It? *Frontiers in Psychology*. 11:547241. doi: 10.3389/fpsyg.2020.547241
9. **Ash, M.J.**, Walker, E.R., DiClemente, R., Florian, M.P., Palmer, P.K., Wehrmeyer, K., Negi, L.T., Grant, G., Raison, C., Mascaro, J. (2020). Compassion Meditation Training for Hospital Chaplain Residents: A Pilot Study. *Journal of Health Care Chaplaincy*, 1-16. doi: 10.1080/08854726.2020.1723189
10. **Ash, M.**, Harrison, T., Pinto, M., DiClemente, R., Negi, L.T. (2019). A model for cognitively-based compassion training: theoretical underpinnings and proposed mechanisms. *Social Theory & Health*, 1-25. doi: 10.1057/s41285-019-00124-x

## RESEARCH PRESENTATIONS & PUBLISHED ABSTRACTS

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1. **Ash, M.J.**, Flores, Y., Ross, J., Woods-Jaeger, B. (accepted) Implementation of a PTSD Screener for Black Perinatal Women in Obstetric Care Settings: Patient Perspectives. Annual Meeting of the Society for Behavioral Medicine (SBM).
2. Mascaro, J.S., Palmer, P.K., **Ash, M.J.**, Kaplan, D.M., Palitsky, R., Raison, C.L. (2022) Ambulatory Audio: The Language of Patient Anxiety During a Chaplain Visit. Annual Meeting of the Society for Ambulatory Assessment. June 14-16, Virtual. Oral Presentation.
3. **Ash, M.J.**, Knutzen, K., Ogbeide, I., Renfro, T., Ramirez, M., Woods-Jaeger, B. (2021) Virtual delivery of a culturally responsive school-based intervention to reduce racial trauma: considerations for feasibility and acceptability. 14<sup>th</sup> Annual Conference on the Science of Dissemination & Implementation. December 14-16, Virtual. Poster Presentation.
4. Woods-Jaeger, B., Piper, K., Elder, A., **Ash, M.J.**, Gonzalez, J., Renfro, T., Ramirez, M. (2021) Addressing racial trauma in the public school system: Perceptions and experiences among students, parents, and school staff. American Public Health Association (APHA) Annual Meeting. October 24-27. Denver, CO. Oral Presentation.
5. **Ash, M.J.**, Tuttle, G., Harewood, J., Gomes, P., Aaron, M., Shayne, P., Mascaro, J. (2021) The Development and Implementation of Well-Being Check-ins to Support Mental Health of Resident Physicians. Change MedEd Conference. September 30, Virtual. Poster Presentation.
6. **Ash, M.J.**, Berkley-Patton, J., Christensen, K., Haardörfer, R., Livingston, M.D., Miller, T., O'Connor, P., Woods-Jaeger, B. (2021) The Effect of COVID-19 Stressors on Medical Mistrust among Urban Youth of Color. Annual Meeting for Society of Behavioral Medicine (SBM). April 12-16, Virtual. Research Spotlight.
7. Jahangir, T., Piper, K., **Ash, M.**, Elder, A., Renfro, T., Ramirez, M., Woods-Jaeger, B. (2021) "They only come after the Black kid": Understanding the perceptions of discipline disparities among school,

staff, parents, and students of color. Society for Advancement in Violence and Injury Research (SAVIR) Annual Meeting. April 5, Virtual. Oral Presentation.

8. **Ash, M.J.**, Baer, W., Peacock, C., Haardörfer, R, Mascaro, J.S. (2021) How do workplace stressors influence quality and safety indicators at a comprehensive cancer center? Southeast Regional Clinical & Translational Science Alliance Conference. March 5, Virtual. Oral Presentation.
9. Mascaro, J.S., Palmer, P.K., Florian, M., **Ash, M.J.**, Sharma, A., Wilson, M., Jarrell, B., Walker, E.R., Grant, G., Raison, C. (2021) Beyond words: examining the relationship between linguistic behavior during a spiritual health consultation and subsequent patient well-being. Southeast Regional Clinical and Translational Science Alliance Conference. March 4, Virtual. Poster Presentation.
10. Palmer, P.K., Florian, M., **Ash, M.J.**, Sharma, A., Wilson, M., Jarrell, B., Walker, E.R., Grant, G., Raison, C., Mascaro, J.S. (2021) Hospital chaplain linguistic behavior during spiritual health consultations with inpatients. Southeast Regional Clinical and Translational Science Alliance Conference. March 4, Virtual. Poster Presentation.
11. Wilson, M., Bear, W., Peacock, C., Palmer, P.K., Sharma, A., **Ash, M.J.**, Mascaro, J.S. (2021) Sources and Mitigators of Burnout Among Oncology Staff: A Qualitative Analysis. Southeast Regional Clinical and Translational Science Alliance Conference. March 4, Virtual. Poster Presentation.
12. Bear, W., Peacock, C., Palmer, P., Sharma, A., Wilson, M, **Ash, M.**, Mascaro, J. (2020) Wellness in Oncology: Using a narrative intervention to reduce burnout and promote wellbeing among oncologists and the staff who support them. Academy of Consultation-Liaison Psychiatry Annual Meeting. November 12, Virtual. Poster Presentation.
13. Elder, A., **Ash, M.**, Piper, K., Renfro, T., Woods-Jaeger, B. (2020). Process of Pre-Testing a Caregiver Mindfulness-Based Intervention to Promote Family-Engagement in Juvenile Justice. International Society for Traumatic Stress Studies (ISTSS) Annual Meeting. November 7, Virtual. Poster Presentation.
14. Mascaro, J., Peacock, P., **Ash, M.J.** Palmer, P., Raison, C. (2020) Compassion-centered contemplative approaches to healthcare team resilience. Mind & Life Contemplative Research Conference. November 6, Virtual. Paper Presentation.
15. **Ash, M.J.**, Palmer, P.K., Sharma, A., Escoffery, C., Mascaro, J.S. (2020). Utilizing the Consolidated Framework for Implementation Research to Evaluate a Compassion Training Intervention. Mind & Life Summer Research Institute. June 8, Virtual. Poster Presentation.
16. **Ash, M.J.**, Piper, K., Boykin, B., Elder, A. Woods-Jaeger, B. (2020) A Community-Based Participatory Research Approach for Adapting a Mindfulness-Based Intervention for Caregivers of Justice Involved Youth. Society for Public Health Education (SOPHE) Annual Conference. March 19, Atlanta, GA. Poster Presentation.
17. **Ash, M.**, Walker, E.R., DiClemente, R., Wehrmeyer, K., Palmer, P.K., Mascaro, J. (2019) Feasibility of Compassion Training for Hospital Chaplain Residents: A Pilot Study. Georgia Public Health Association (GPHA) Annual Conference. May 8, Atlanta, GA. Poster Presentation.
18. Mascaro, J.S., Palmer, P.K., Florian, M., **Ash, M.** Mahajan, A., Wehrmeyer, K., Negi, L.T., Shelton, M., Grant, G., Raison, G. (2019) Development and Evaluation of a Compassion-Informed Spiritual Consultations to Improve Hospital Inpatients and Provider Outcomes. Georgia Clinical and Translational Science Conference, February 28, Pine Mountain, GA. Poster Presentation.

19. Mascaro, J., **Ash, M.** (2018). Evaluation of a Compassion-Informed Program to Improve Chaplain and Patient Outcomes. International Symposium for Contemplative Research. November 10, Phoenix, AZ. Oral Presentation.
20. **Ash, M.**, Pinto, M., Harrison, T., DiClemente, R., Negi, L.T. (2018). A Conceptual Framework for CBCT® (Cognitively-Based Compassion Training). The International Symposium for Contemplative Research. November 9, Phoenix, AZ. Poster Presentation.
21. **Ash, M.**, Pinto, M., Harrison, T., DiClemente, R., Negi, L.T. (2018). An Integrative Model and Possible Mechanisms for CBCT® (Cognitively-Based Compassion Training). Association for Contemplative Mind in Higher Education Annual Conference. October 6, Amherst, MA. Poster Presentation.
22. **Ash, M.**, Harrison, T., Pinto, M., DiClemente, R., Negi, L.T. (2018). A Theoretical Model for CBCT® (Cognitively-Based Compassion Training). Mind and Life Summer Research Institute. June 6, Garrison, NY. Poster Presentation.
23. **Ash, M.**, Desbordes, G., Beck, C., Norbu, N., Gyaltzen, G., Sangpo, L., Sherab, N., Negi, L.T. (2016). Assessing the impact of the Emory-Tibet Science Initiative (ETSI) in Tibetan Buddhist monastic populations in India. International Symposium for Contemplative Studies. November 11, San Diego, CA. Poster Presentation.
24. **Ash, M.**, Dunne, J., Wilson, R., & Vazire, S. (2014). Do Tibetan Buddhist monks and nuns have higher life satisfaction than laypeople? Society for Personality and Social Psychology Annual Meeting. February 14, Austin, TX. Poster Presentation.

## **TEACHING EXPERIENCE**

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### **Qualitative Methods for Research & Evaluation (BSHES 538), Emory University**

Term: Spring 2021

Role: Teaching Associate

Level: Masters Course

### **Qualitative Data Analysis (BSHES 539), Emory University**

Term: Fall 2020

Role: Teaching Assistant

Level: Masters Course

### **Mind, Medicine, and Healing (HLTH 385/REL 358S), Emory University**

Term: Summer 2017; Summer 2016; Summer 2015

Role: Teaching Assistant

Level: Undergraduate Course

### **Culture of Buddhist Tibet (ANT 309R/MESAS 390/REL 331), Emory University**

Term: Summer 2017; Summer 2016; Summer 2015

Role: Teaching Assistant

Level: Undergraduate Course

### **Buddhist Meditation and Debate (REL 370), Emory University**

Term: Summer 2017; Summer 2016; Summer 2015

Role: Teaching Assistant  
 Level: Undergraduate Course  
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**Religion and Healing: Buddhist Meditation (REL 358), Emory University**

Term: Spring 2017; Spring 2016; Fall 2014

Role: Teaching Assistant  
 Level: Undergraduate Course

**Secular Ethics: The Dalai Lama's Approach (REL 354R), Emory University**

Term: Fall 2016; Fall 2015

Role: Teaching Assistant  
 Level: Undergraduate Course

**Tibetan Buddhism: Psychology of Enlightenment (REL 306/MESAS 370), Emory University**

Term: Fall 2016; Spring 2015

Role: Teaching Assistant  
 Level: Undergraduate Course

**Cognitively-Based Compassion Training (CBCT)**

Term: 10-week course (offered 6 times between 2015-2019)

Role: Lead Instructor  
 Level: Offered to Emory Graduate and Undergraduate students

**INVITED LECTURES**

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*Invited Speaker: Causes of Burnout and Consequences for Compassion.* Contemplative Science Seminar, Emory University, Atlanta, GA. April 20, 2022.

*Invited Speaker: Navigating Changes in Life and Leadership.* Rollins School of Public Health, Emory University, Atlanta, GA. November 3, 2021.

*Guest Lecturer: Compassion Training as a Public Health Interventions: Origins, Research, and Dissemination.* HLTH385: Science of Integrative Health, Emory University, Atlanta, GA. November, 2021.

*Guest Lecturer: Adapting and Scaling Contemplative Interventions.* BSHES 583: Mindfulness and Health, Emory University, Atlanta, GA. March, 2021.

*Guest Lecturer: Compassion Training as a Public Health Interventions: Origins, Research, and Dissemination.* HLTH385: Science of Integrative Health, Emory University, Atlanta, GA. November, 2020.

*Invited Speaker: Becoming More Compassionate: Research on Cognitively-Based Compassion Training.* Meeting on Epidemiology of Compassion and Love. The Task Force for Public Health, Decatur, GA. January 9, 2020.

*Guest Lecturer: Mind-Body Practices: Dissemination and Community-Level Intervention,* HLTH 385: Science of Integrative Health, Emory University, Atlanta, GA. April, 2020.

*Guest Lecturer: Promoting Health through Self-Compassion,* REL354: Principles of Secular Ethics, Emory University, Atlanta, GA. October, 2019.

*Invited Speaker: Compassion Training in Context: Insights from the CBCT Program at Emory University.*  
Barry College, Rome, GA. March 27, 2019.

*Guest Lecturer: Compassion and Health, REL354: Principles of Secular Ethics, Emory University, Atlanta, GA.* October, 2018.

## **SERVICE**

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- 2022 Education Committee Member, Woodruff Health Sciences Center Office of Well-Being (EmWELL)
- 2021 Session Facilitator, Juliet E. Shields Symposium on Compassion, Two-Day Think Tank, Center for Contemplative-Science and Compassion-Based Ethics, Emory University, Atlanta, GA
- 2021 Committee Member, BSHES Equity, Diversity and Inclusion Workgroup to review BSHES doctoral handbook
- 2021 Co-Facilitator, BSHES Equity, Diversity and Inclusion Workgroup Film Series Discussion: White Like Me
- 2020 Invited Participant, Juliet E. Shields Symposium on Compassion, Two-Day Think Tank, Center for Contemplative-Science and Compassion-Based Ethics, Emory University, Atlanta, GA
- 2020 Session Chair, Meeting on Epidemiology of Love and Compassion, Task Force for Public Health, Decatur, GA
- 2018 Coordinator, Emory Contemplative Science Seminar
- 2018 Vice President of Scholarship, Delta Omega Honor Society, Rollins School of Public Health
- 2018 Mentor, Behavioral Sciences and Health Education, Rollins School of Public Health
- 2017 Scholars in Action Member, Rollins School of Public Health

## **AD HOC REVIEWER**

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*Stress and Health*

*Global Advances in Health and Medicine*

*BMC Nursing*

*Journal of Happiness Studies*

## **PROFESSIONAL AFFILIATIONS**

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APHA, American Public Health Association

Emory Maternal and Child Health Center of Excellence

NEISE, Network for Evaluation and Implementation Sciences

SOPHE, Society for Public Health Education

THRIVE Community Action Board